Web: www.floreat.ucwa.au All Saints Floreat Uniting Hours: Tues to Fri, 9.00am to 12.00; 50 Berkeley Crescent, Floreat WA 6014; Tel: (08) 6185 1116; Office: Marika Leonard; office@allsaintsfloreat.com.au; Hours: Tues to Fri, 9.00am to 12.0

NEWS & NOTES

SUNDAY 5 NOVEMBER 2023 - CARERS SUNDAY



This Sunday will be my first opportunity to preside over communion with you all as an ordained minister. And in discussion with the Elders, we felt it was time to reconsider

how we celebrate communion at All Saints.

Recently, largely due to Covid-19, All Saints Floreat has distributed the bread and wine to people in their seats. Initially by walking down every second row and now by passing the wine and bread down the pews. The benefits of this are that every person receives their bread and wine the same way and because we hold onto the elements we also get to eat and drink as one. However, the downsides are that distribution can be very difficult in pews with few people and some find the large trays of wine heavy to pass along. Theologically we also miss the opportunity to be reminded of the meaning of this sacrament by the server. Words like 'Christ's body broken for you' or 'The cup of life poured out for you' to which you would reply 'Amen'. These might seem like simple words to some, but they are a reminder of the mystery that we as the Uniting Church uphold the belief in Christ's real presence in the act of communion.

With these considerations in mind, the Elders and I have decided to change our distribution of communion to being served from the front. Members of the congregation will be invited to come forward and receive communion from our stewards at the front and then return to their seats. For those for whom getting out of your seat is difficult, an additional steward will come around to you and provide you communion while others are being served at the front. This gives our stewards the

OUR CHURCH LIFE



A warm welcome to visitors worshipping with us today. We invite you to join us in the Hall after the service for Morning Tea and a time of fellowship.

SUNDAY 5 NOVEMBER		SUNDAY 12 NOVEMBER		
CARERS SUNDAY		9:30 Family Service		
9:30 Communion Service		Rev Reuben Edmonds		
Rev Reuben Edmonds				
Joshua 3:7-17 P.210 Psalm 107:1-7,33-37 P.604 * 1 Thessalonians 2:9-13 P.257		Joshua 24:1-3a, 14-25 Psalm 78:1-7 P.584 1 Thessalonians 4:13-18 P.258		
* Matthew 23	3:1-13 P.33		Matthew 25:1-13	P.37
* included in today's s	ervice			
Hymns Sunday 5 November				
TiS 821	All are welcome			
TiS 640	Fill us with Your love			
TiS 511	Let us break bread together			
Tis 756	Sanctus & Benedictus Qui Venit			
TiS 650	Brother sister let me serve you			
	SUNDAY 5 NOVEMBER		SUNDAY 12 NOVEMBER	
WELCOMER	Carol Brearley		VACANT	
Door Steward	Rhondda Tilbrook		Jan White	
ELDER	Rex Harrison		Els Mengler	
BIBLE READER	Geoff Hadley		Keith Bakker	
FLOWERS	Keith Bakker		VACANT	
MORNING TEA	Beth & John McKechnie		Marg Smithson	
Music	Glenn Coughlan Joseph Lunardi		Geoff Hadley Joseph Lunardi	
MULTIMEDIA	James Millar		Richard Smith	

OUR CHURCH LIFE

Prayers

This week we pray for Albany Regional Congregations (Albany, Denmark, Lockyer and Mount Barker Uniting Churches)

Our local prayers will be for Care Group and Elderly Carers Group.

Continued from Page 1

opportunity to speak the words and allow each person a moment to connect with God. It also avoids trying to get the wine down tricky pews. However, it does mean that we don't all eat and drink at the exact same time.

Ultimately neither distribution method is perfect, they both have benefits and consequences. However, we believe this change will allow people to experience more of the mystery of God in this precious sacrament.

Please speak to an elder or me after the service and let us know what you think. Did you like the change? Was it more challenging for you? Is there something small we could do differently?

Rev Reuben

Your Special Offering for November will be for



Maaman "O" Miya Uniting Church Coolbellup, WA

Sunday Services at All Saints are Live Streamed and may be viewed via

YouTube at 9:30am each
Sunday.

If you attend our services and would prefer not to be filmed, please avoid the front four rows of pews.

Thank you

OUR CHURCH LIFE

All Saints Sing-A-Long

Everyone is invited to come along on the third Thursday every month, at 2.00pm to our new community singing group.



Commencing on Thursday, 16th November

we hope to provide a friendly space for people to meet, sing some of their favourite songs accompanied by the piano, and share afternoon tea together.

There are some flyers available for you to take home to remind yourselves or to share with your friends and neighbours who might like to join us.

The songbook comprises songs from all your favourite musicals, movies, hit charts and the folk scene.

Here are 10 good reasons for you to join us:

1. Singing make you feel better,

- 2. Singing enhances lung function,
- 3. Singing helps you beat stress and to relax,
- 4. Singing helps improve memory,
- 5. Singing builds a sense of community,
- 6. Singing lets you express yourself,
- 7. Singing can help with pain relief,
- 8. Singing boosts your confidence,
- 9. Singing features in well-being studies,



Don't just take my word for it! The University of Leeds is so convinced of the impact music can have that they offer a MA in Music and Wellbeing, exploring in more depth the relationship between engaging with music and the positive effects on health and happiness. **Dr Freya Bailes**, who leads the MA, explains why she believes this is such an important area of research:

"When we challenge our students to think critically about whether there is really anything special about music for wellbeing, the answer seems to be that music has it all! Singing with others contributes to positive mood, is engaging, promotes relationships with others, is experienced as meaningful, and can afford a strong sense of accomplishment."

10. Singing is for everyone!

So, Anne and I are very much looking forward to seeing you all on the 16th at 2.00pm.

Deborah

Church Council Meeting

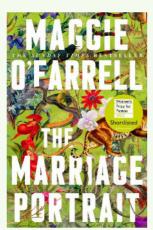
The next Church Council Meeting will be held on **Tuesday, 21 November** commencing at **6:00pm** in the **Page Room**.

CHRISTMAS GIFT BAGS

Thank you for the great response. We are well on our way for our target of 100 bags.

Please leave completed bags in church office. Jean Young will be on stand by to help.

Amanda Brown



Ladies Bookclub Monday, 13 November at 7.45 pm

Our book for discussion this month is The Marriage Portrait by Maggie O'Farrell. We will meet at Rhondda's home.

Please bring your suggestions of books for discussion in 2024.

Vale Richard Graham Hart

Richard Graham Hart, a member of our congregation, died peacefully on 26 October 2023.

We send our sympathy to his family.



Christmas cakes, mince pies and Christmas puddings

are all on sale again this year with proceeds going to Harry Perkins Institute of Medical Research.

The order form is in the foyer.

Please contact Marie Yuncken on 0410 061 279 with any queries.

ORDERS MUST BE IN BY MID NOVEMBER.



Social Day Out - Going Places Aviation Heritage Museum Thursday, 16 November 2023

A social day out has been arranged to visit the Aviation Heritiage Museum, 2 Bull Creek Drive, Air Force Memorial Estate, Bull Creek WA, 6149.



The Aviation Heritage Museum provides a unique museum experience of civilian and military aviation through its extraordinary aviation displays, helpful guides and special tours.

The Museum's talented volunteers have designed,

donated and built a truly amazing array of aviation displays that include 30 aircraft and thousands of artefacts.

Detail: We will meet at the Church at 9-15am and pool cars to travel to Air Force Memorial Estate.

Two local guides are being arranged to show our group the planes on display.

Please bring a gold coin donation.

The museum has a café where we will have a choice of snack or lunch after our tour.

For more information, please contact:

Bob Sumner: 0439 875 818 or

Bill Gamel: 9243 4010.



The Induction Service for Rev Dr Elaine Ledgerwood Sunday, 5 November 2:00pm

The Induction Service for Rev Dr Elaine Ledgerwood will take place on Sunday 5 November from 2.00pm at St Aidan's Uniting Church, corner Princess Rd and Chester Rd, Claremont.



The Duty Roster for November, December 2023 and January 2024 is on the Hall Door

Thank you to everyone who has volunteered.

There are blank spaces to be filled so please check the roster and volunteer if you can. Thank you.

Your help is much appreciated.

Do you have an article, story, recipe or other item that may be of interest to the Church community?

If so, we would be very interested in considering it for publication in future editions of the News & Notes.

Please submit your item to Marika Leonard, Office Administrator at office@allsaintsfloreat.com.au

Thank you

To contact the Minister of All Saints Floreat
Uniting Church, Rev Reuben Edmonds,
please email: minister@allsaintsfloreat.com.au or
telephone: 0404 935 167